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Exam 1: Mental Health (New 2023/ 2024 Update) Complete Guide with Questions and Verified Answers| 100% Correct- Galen

QUESTION
Neurotransmitters

Answer:
Chemicals that transmit information from one neuron to another

QUESTION
Depression neurotransmitters

Answer:
Deficiency of norepinephrine, serotonin and/or dopamine

QUESTION
Neurotransmitters and thought disorders (psychosis)

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Answer:
Excess dopamine from the presynaptic neuron

QUESTION
Neurotransmitters responsible for anxiety disorders

Answer:
GABA

QUESTION
Benzodiazepines for insomnia with a hypnotic affect

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Answer:
flurazepam (Dalmane)
temazepam (Restoril)

triazolam (Halcion) estazolam (ProSom) quazepam (Doral)

QUESTION
_SSRIs

Answer:
1.Fluoxetine (Prozac)
2.Paroxetine (Paxil)
3.Escitalopram (Lexapro)
4.Citalopram (Celexa)
5.Sertraline (Zoloft)

QUESTION
_SNRIs

Answer:
- Venlafaxine (Effexor)
- Duloxetine (Cymbalta)

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QUESTION
_Mood stabilizers

Answer:
Control mood swings in bipolar disorders

QUESTION
_Anti-depressants TCA's

Answer:
More side effects, take longer work and are lethal in overdose

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QUESTION
TCA side effects

Answer:
Cant see, cant pee, cant spit

QUESTION
Lithium toxicity side manifestations

Answer:
- Tremor
- Polyuria
- Hypothyroidism

QUESTION
Lithium level (therapeutic)

Answer:
0.5 - 1.5 mEq/L

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QUESTION
1st gen antipsychotics (conventional/typical)

Answer:
Reduce dopamine + serotonin levels

QUESTION
2nd gen antipsychotics

Answer:
Alleviate psychotic illnesses w/o producing movement problems

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